

## Soccer Resource Library

### BOOKS

Title	Author	Suitable for Divisions:
<ul style="list-style-type: none"> <li>• U8 Coach Manual                             <ul style="list-style-type: none"> <li>○ Information and practices for young players</li> </ul> </li> </ul>	American Youth Soccer Organization	Kindergarten, 1 <sup>st</sup> and 2 <sup>nd</sup> Grade
<ul style="list-style-type: none"> <li>• Dinomites Under 6 Program Curriculum                             <ul style="list-style-type: none"> <li>○ A fun interactive curriculum for 6 years and under</li> </ul> </li> </ul>	Xara Soccer	Kindergarten
<ul style="list-style-type: none"> <li>• Laws of the Game Made Easy                             <ul style="list-style-type: none"> <li>○ Rule book with simple explanations and diagrams for easy understanding</li> </ul> </li> </ul>	United States Soccer Federation	All
<ul style="list-style-type: none"> <li>• Youth Soccer Coaching Handbook                             <ul style="list-style-type: none"> <li>○ Coaching tips, skill development activities and fun games for 4-6 year olds, plus a selection of passing, shooting and dribbling practices for 8-12 year olds</li> </ul> </li> </ul>	Challenger Sports	All
<ul style="list-style-type: none"> <li>• Soccer for Juniors (A guide for Players, Parents and Coaches)                             <ul style="list-style-type: none"> <li>○ Praices for trapping, passing, heading, dribbling and kicking, plus more advanced skills and tactics</li> </ul> </li> </ul>	Robert Pollock	All
<ul style="list-style-type: none"> <li>• Goal! The Ultimate Guide for Soccer Moms and Dads                             <ul style="list-style-type: none"> <li>○ Master skills, nutrition and conditioning, build confidence and choosing the right team</li> </ul> </li> </ul>	Averbuch & Hammond	All
<ul style="list-style-type: none"> <li>• The Soccer Goalkeeper (Fitness, Skills, Tactics &amp; Drills)                             <ul style="list-style-type: none"> <li>○ Games and simulated competition, training regimes, footwork, defending re-starts, and positioning</li> </ul> </li> </ul>	Luxbacher & Klein	All
<ul style="list-style-type: none"> <li>• Winning Soccer for Girls                             <ul style="list-style-type: none"> <li>○ Training, passing, receiving, goalkeeping, kicks, strategy for team offense, individual and group defense play</li> </ul> </li> </ul>	Crisfield	All
<ul style="list-style-type: none"> <li>• The Champion Within – Training for Excellence                             <ul style="list-style-type: none"> <li>○ Psychological, physical, technical, tactical, goalkeeping, and team chapters.</li> </ul> </li> </ul>	Gregg & Nash	All
<ul style="list-style-type: none"> <li>• Coaching Soccer Successfully</li> </ul>	Rees & Van Der Meer	All

- Coaching philosophy, communication, planning practices, teaching offense and defense skills and tactics, and preparing for games
- The Official Soccer Book United States Soccer Federation All
  - Basic skills, goalkeeping, improving technique, tactics, principles, systems of play, coaching styles and more

## DVD'S

### Title

- Soccer Made Easy Premier Soccer Made Easy All
  - Team tactics, warm ups, fitness, nutrition, physiology, injuries, rules

## VHS TAPES

- Coaching Youth Soccer – Techniques & Tactics American Sport Education Program U10+
  - 20 most popular and important soccer techniques and tactics
- The Ajax Training Method – Part I AJAX U10+
  - Overview of Ajax Training including technique, insight, personality and speed
- 1000 Touch Soccer Workout Kwikgoal All
  - Skills and drills to improve first touch and coordination