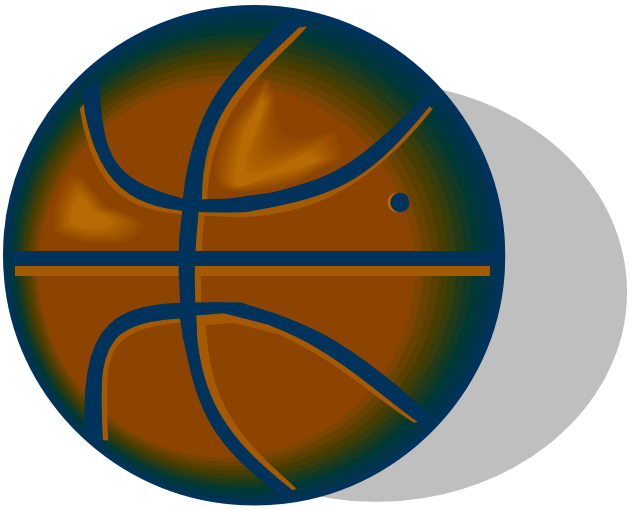
Winter 2012
In-House Basketball
5th & 6th Grade League
Parent Manual



Bartlett Park District

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Tel: (630) 540-4800 Fax: (630) 540-4869

www.bartlettparks.org

Dear Parents,

Welcome to the in-house basketball leagues at the Bartlett Park District. Whether you're new to basketball this season or you're a seasoned basketball mom/dad, we hope that this booklet provides some useful information and will answer some of your important questions. If you still have questions please don't hesitate to contact me. We hope your basketball player has fun this season. Good luck!

CONTACT INFORMATION

Lynsey Heathcote - Recreation Supervisor

Tel: (630) 540-4843

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For more youth sports information please visit www.bartlettparks.org

PARENT EXPECTATIONS

As a parent with a child in our basketball program we have high expectations.

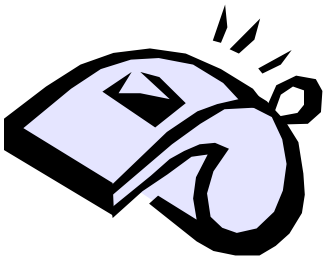
Please note the following:

Parents are responsible for:

- Getting the kids to practice and games on time.
- Communicating with the coach if you can't attend practice or games.
- Respecting the coach, and allowing them to coach.
- Respecting the officials and allowing them to officiate.
- Cheering, not coaching, from the bleachers and creating a positive environment for all the players.

Your team coach will be asking you to read and sign a Parent Code of Conduct.

COACHING AND TEAM FORMATION



With approximately 800-1000 basketball participants between October and May in our entire program and approximately 100 players just in 5th and 6th Grade combined, we rely heavily on volunteer coaches. Coaches are primarily responsible for holding practices (1 x 1 hour/week) and coaching on game days. Additionally, they should communicate information throughout the season regarding the team's events and activities. A head coach can request an assistant and the rest of the team is selected using a blind draft procedure following the skill evaluation. The coaches are not allowed to trade after the draft. While we understand your personal requests for coaches, friends and car pools, to be fair to everyone we cannot honor them due to the large number of participants.

If you are interested in a future coaching position in any grade (1st-high school) please contact Lynsey.

THE LEAGUE

Teams of 10 players are formed.

Teams play a 10 game season, typically with two practices before the first game. Games will be on Friday evenings and Saturdays. Teams will be seeded after the first 8 games and will then participate in end of season play offs.

All players are guaranteed equal playing time.

Please support your child positively throughout the practices and games and work with your coach to create a good learning environment where each player can reach their potential.

PLAYER CONDUCT FOR PRACTICES & GAMES

Our youth basketball leagues are dependant on the U-46 schools, as well as the Community Center, for practice time and games. We are fortunate to have access to such facilities so with that said please consider the following when practicing or playing at a school or the Community Center:

- Do not attempt to enter the school buildings before 6:15pm each night. Both schools run an after school SAFE program and no-one is permitted to enter until that program is over. Please do not drop your child off early as the school will not be open.
- Please wait for your team/coach outside the gym and enter together as a team. Respect the team who is practicing before you and do not go on the court until they have finished.
- Please arrive at and leave the school promptly before and after your scheduled time. No-one is permitted to stay beyond their scheduled time and should not be in the gym without a gym supervisor.
- Please do not allow your children to run around and bounce balls anywhere except in the gymnasium. Property is very easily damaged with so many people in and around the facilities.
- Drinks should be left outside the gym to avoid spills and potential safety hazards. Food is not permitted in any of the gymnasiums.
- Please ensure your children treat the gymnasiums with respect and ensure that all trash is picked up after practice. Remind them to take home water bottles and everything they arrived with, including balls and clothes!
- Do not allow your children to jump or climb on the colored wall mats. These are easily damaged and should not be touched.
- Please also keep a close eye on siblings in any facility and do not allow them to run around unsupervised.

Not abiding by these guidelines may result in our gymnasium use being restricted and this has a big impact on our programs. Thanks in advance for your help, support and cooperation.

OFFICIATING

All our officials are Illinois High School Association (IHSA) certified and are employees of the Bartlett Park District, assigned by us.

We have a zero tolerance policy as far as official abuse and ask that you respect the officials, let them do their job and not shout or criticize from the bleachers. The officials are instructed to officiate games according to the grade level to help player development and ensure success. Please don't expect every game to officiated like the NBA! An adult (coach or parent) who receives a technical and/or is ejected from a game will receive a one game suspension and will not be allowed to coach and/or watch their child's next game. Any concerns about officials should be reported to me.

PICTURE DAY

Wednesday, January 18th @ BCC Gymnasium

Schedule is available online.

Your coach will remind you when your teams scheduled time for pictures is. Your child should wear their basketball team t-shirt and black shorts. You should receive ordering information from your coach prior to the date but extra packets are available at the front desk or on the night of pictures.

ONLINE GAME SCHEDULES

Bartlett Park District will have upto date online schedules and standings posted for the 5th/6th Grade divisions. To view the schedules please visit www.bartlettparks.org Click on "athletics" followed by "athletic league schedules and standings" and then "youth leagues". Select the division under basketball and view your schedule, scores and standings.

Rules

I. The League

A. All league play will be governed by the IHSA (Illinois High School Association) rules unless otherwise stated in these Bartlett Park District rules and regulations.

B. The official park district representative has the power to issue a technical foul on a coach, player, or fan for unsportsmanlike conduct. Grounds for this action could include such things as verbal criticism or unsportsmanlike gestures.

II. General Information

A. Please come no earlier than 20 minutes before your game time. Court 2 may be available for warm up but is not guaranteed and it will be shared by the next four teams about to play.

C. Uniforms: Game T-Shirts will be handed out before the first game. All players are required to wear their T-Shirt and black shorts.

D. Each player must check into the game with the official scorekeeper every time they enter the game. All players must report in at the beginning of each quarter, regardless if they played the previous quarter or not.

III. Playing Time

A. Every player that shows up for the game must play two full quarters start to finish. **There are 3 exceptions**:

1) Illness - be sure to tell opposing coach and the score keeper

2) Discipline problems - after speaking to the player's parents ahead of time

3) Injury

B. If a team has 7 players or more, each player must sit out one full quarter start to finish. If either team has 6 players or less, no player from either team has to sit out, but everyone still has to play two full quarters start to finish. If a team starts out with 7 players, and one of them fouls out leaving them with 6, each player must sit out one full quarter.

C. Substitutions - All players must play their full 2 quarters. Substitutions can only be made at the start and end of each quarter. The only other instance is in the case of injury. At this time both players will be charged with playing that quarter.

IV. Timing

A. 4 x six minute stop time quarters

B. 3 x three minute overtimes followed by a sudden death overtime

C. 2 minutes between quarters and 4 minutes between halves.

D. 2 x one minute time outs per half

E. 1 time out per overtime.

V. Special Rules

A. There will be a jump ball to start the game. Afterwards, the ball will alternate possession.

B. An offensive player controlling the basketball must be allowed to cross half court line before the defense is allowed to put pressure on him. No full court press.

C. Team may double-team the ball, but may not double-team a player.

D. No zone defenses allowed. Man to man defense must be played – no exceptions.

E. Players will use a 28.5" intermediate size basketball.

F. Three-point line will be used